POLIDATA ®
REGION MAPS

County-Based Regions
and Markets for

NEW HAMPSHIRE

10 Counties and Portions of

1 MSAs (Metropolitan Statistical Areas from OMB for 1999)
3 GMRs (Metro Groups from Polidata and Gary Maloney for 1999)
3 DMAs (Designated Markets Areas from Nielsen for 2000)
4 ISRs (Internal State Regions from Polidata for 1996)
NEW HAMPSHIRE, 10 Counties
Polidata County Abbreviations and County FIPS Codes
State FIPS Code is 33

Counties are the primary political subdivisions of states. Equivalents include Parishes, Boroughs and Independent Cities.

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Map: NHRCCLBA.
NEW HAMPSHIRE, Selected Places

2000 Census of Population and Housing, County Subdivisions

Population Size

- over 1,000,000 (0)
- over 100,000 (1)
- over 25,000 (4)
- over 10,000 (9)

Labels for some places may be missing to assist in the clarity of the map.
### County Code Listing

**NEW HAMPSHIRE, 10 Counties**

<table>
<thead>
<tr>
<th>County or Equivalent</th>
<th>Cy Seq</th>
<th>Population Centers</th>
<th>County Seat</th>
<th>1990 Tot. Pop.</th>
<th>2000 Tot. Pop.</th>
<th>FIPS Code</th>
<th>Polidata CyAbb</th>
</tr>
</thead>
<tbody>
<tr>
<td>BELKNAP</td>
<td>1</td>
<td>Laconia</td>
<td>Laconia</td>
<td>49,216</td>
<td>56,325</td>
<td>1</td>
<td>BELKN</td>
</tr>
<tr>
<td>CARROLL</td>
<td>2</td>
<td>Conway</td>
<td>Ossipee</td>
<td>35,410</td>
<td>43,666</td>
<td>3</td>
<td>CARRO</td>
</tr>
<tr>
<td>CHESHIRE</td>
<td>3</td>
<td>Keene</td>
<td>Keene</td>
<td>70,121</td>
<td>73,825</td>
<td>5</td>
<td>CHESH</td>
</tr>
<tr>
<td>COOS</td>
<td>4</td>
<td>Berlin</td>
<td>Lancaster</td>
<td>34,828</td>
<td>33,111</td>
<td>7</td>
<td>COOS_</td>
</tr>
<tr>
<td>GRAFTON</td>
<td>5</td>
<td>Lebanon</td>
<td>Woodsville</td>
<td>74,929</td>
<td>81,743</td>
<td>9</td>
<td>GRAFT</td>
</tr>
<tr>
<td>HILLSBOROUGH</td>
<td>6</td>
<td>Manchester</td>
<td>Nashua</td>
<td>335,838</td>
<td>380,841</td>
<td>11</td>
<td>HILLS</td>
</tr>
<tr>
<td>MERRIMACK</td>
<td>7</td>
<td>Concord</td>
<td>Concord</td>
<td>120,240</td>
<td>136,225</td>
<td>13</td>
<td>MERRI</td>
</tr>
<tr>
<td>ROCKINGHAM</td>
<td>8</td>
<td>Derry</td>
<td>Exeter</td>
<td>245,845</td>
<td>277,359</td>
<td>15</td>
<td>ROCKI</td>
</tr>
<tr>
<td>STRAFFORD</td>
<td>9</td>
<td>Rochester</td>
<td>Dover</td>
<td>104,233</td>
<td>112,233</td>
<td>17</td>
<td>STRAF</td>
</tr>
<tr>
<td>SULLIVAN</td>
<td>10</td>
<td>Claremont</td>
<td>Newport</td>
<td>38,592</td>
<td>40,458</td>
<td>19</td>
<td>SULLI</td>
</tr>
</tbody>
</table>

**NEW HAMPSHIRE**

Manchester: 1,109,252
Concord: 1,235,786

**STATE**

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1. County Equivalents include Independent Cities in MD, MO, NV and VA; Boroughs or Census Areas in AK; Parishes in LA; DC treated as State and County.
2. Counties are the primary legal subdivisions of a state. In the New England states they perform few, if any, governmental functions.
3. In some states (CT, RI) they are recognized as historic geographic areas for statistical purposes only.
4. The FIPS Code is the Federal Information Processing Standards code; 3 digit county code unique within the state, 2 digit state code unique within the nation.
5. The Polidata CyAbb is an abbreviation used primarily on our maps. The Cy Seq is a sequential count of county units within the state. Asterisk indicates a break in sequence.
Population by Areas/Markets

NEW HAMPSHIRE

<table>
<thead>
<tr>
<th>Seq</th>
<th>2000 Est. Pop.</th>
<th>Net % 90-00</th>
<th>Area/Market</th>
<th>% of State</th>
<th>% of Market</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1,235,786</td>
<td>11.4</td>
<td>NEW HAMPSHIRE</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MSAs-Metropolitan Statistical Areas (OMB, 1999)

2. Not Assigned to Metro Area (NAM) 37.7 100.0

GMRs-Metro Groups (Polidata/Maloney, 1999)

1. Manchester - Nashua Metro 53.3 100.0
2. Dover - Rochester Metro 9.1 100.0
3. Non Metro 37.7 100.0

DMAs-Designated Market Areas (Nielsen, 2000)

1. Portland - Auburn, ME - NH - VT DMA 6.2 8.1
2. Boston, MA - NH DMA 83.9 17.1

ISRs-Internal State Regions (Polidata, 1996)

1. Southern Tier, Greater Boston 53.3 100.0
2. Central, Capital 24.7 100.0
3. West, Conn. River Valley 15.9 100.0
4. Northern Tier 6.2 100.0
**Metropolitan Statistical Areas, NECMAs**

*Groups of Counties assigned by OMB (1999)*

NECMAs reflect an alternative to town-based New England MSAs, extending out to the county borders, and/or combining MSAs.
Metro Groups, GMRs

Groups of Counties assigned by Polidata and Dr. Gary Maloney (1999)

Metro Group
- Manchester - Nashua Metro
- Rochester - Dover Metro
- Non Metro

GMRs reflect the size and nature of metropolitan counties. Shaded counties are Metropolitan.
Designated Market Areas, DMAs


DMAs reflect television media markets. Every county is assigned (very few are split). DMAs may be noncontiguous and cross state borders.
Internal State Regions, ISRs

Groups of Counties assigned by Polidata (1996)

ISRs reflect geographic regions based largely upon travel regions. Every county is assigned and regions are internal to state borders.
<table>
<thead>
<tr>
<th>County</th>
<th>County-Based Area/Market Assignments</th>
</tr>
</thead>
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<td>Central, Capital ISR; Boston, MA - NH DMA; Not Assigned to Metro Area (NAM); Non Metro GMR.</td>
</tr>
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<td>CARROLL</td>
<td>Northern Tier ISR; Portland - Auburn, ME - NH - VT DMA; Not Assigned to Metro Area (NAM); Non Metro GMR.</td>
</tr>
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<td>West, Conn. River Valley ISR; Boston, MA - NH DMA; Not Assigned to Metro Area (NAM); Non Metro GMR.</td>
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</tr>
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<td>HILLSBOROUGH</td>
<td>Southern Tier, Greater Boston ISR; Boston, MA - NH DMA; Boston- Worcester- Lawrence- Lowell- Brockton, MA - NH NECMA; Manchester - Nashua Metro GMR.</td>
</tr>
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<td>West, Conn. River Valley ISR; Burlington, VT - Plattsburgh, NY DMA; Not Assigned to Metro Area (NAM); Non Metro GMR.</td>
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</table>
Regional Overview Map

See other maps for census geography

Refer to Gazetteer for profile material

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Map: NHROVRBA.Substr(_Id,1,2)